

Registration Information

Please print clearly and fill out **both sides**. Thank you.

Preferred roommates _____

(We'll try our best to accommodate everyone's wishes.)

Adopt-A-Sister Program

- I am interested in being adopted.
 Our group is interested in adopting _____ sisters.

Name of adopting group _____

Contact _____

Are you willing to donate your time to teach a one hour class/workshop?

Name/description of class/workshop _____

Special needs (Housing/food/other—we'll do our best but cannot promise to meet all requests.)

Are you willing to be a part of the medical team? (Please list qualifications below.)

Are you willing to be a lifeguard at the pool? yes no

May we have your permission to print your name and address in the camp book?

yes no

Cancellation/change policy: Full refund before **Aug. 3, 2000**. **NO REFUNDS AFTER AUG. 3**. If you cannot attend but you can arrange for someone to take your place, she must pay the late fee and notify coordinators of substitution.

Call for Teachers

Black belts or black belt-equivalents are invited to submit an application to teach at the 2000 PAWMA Training Camp. We will be contacting many trainers from prior camps, but if you are new to PAWMA or know someone interested in teaching, call (503) 774-6638 or email kungfupatty@aol.com and a teachers' application packet will be faxed or mailed to you. You may also find the teacher application form on the PAWMA website: www.pawma.org. A committee of four martial artists representing PAWMA and a variety of styles will select this camp's instructors. Teachers will be compensated with fees as explained in the teacher application. Deadline for application submissions is April 1, 2000. All applicants will be notified of selection by May 1.



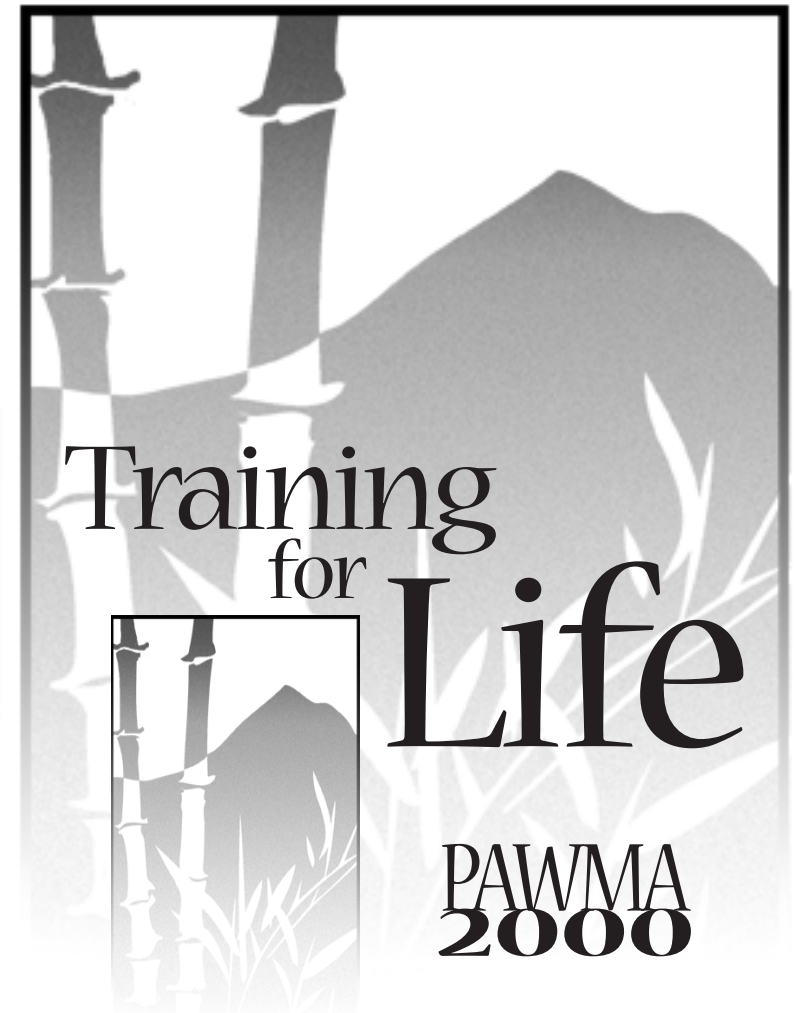
Pacific Association of Women Martial Artists

PAWMA is a non-profit organization dedicated to promoting the active participation of women and girls in the martial arts. PAWMA provides public education, role models, recognition of excellence and opportunities to train and share ideas with an extended network of martial artists. The annual training camp, now in its 23rd year, is the organization's premier event, offering networking, support and inspiration to last an entire year.



3107 SE 90th Place
Portland, OR 97266

Address correction requested.



September 8-11, 2000

**Camp Kuratli
at Trestle Glen
Boring, Oregon**

Experience "Training for Life"

September 8-11, 2000 — a weekend of training, growing and fun,
featuring top quality instructors across the U.S. and Canada

Plan now to attend the best training event of the millennium (so far!), the **2000 Pacific Association of Women Martial Artists (PAWMA) Annual Training Camp**, Sept. 8-11 at scenic Camp Kuratli, one hour south of Portland, in Boring, Oregon.

This year's theme is "Training for Life" — a multi-faceted concept that draws from our varied experiences in Martial Arts training. We train for our health and for self-defense; we train in varying degrees for the extent of our lives. Many of us have gained our first real sense of empowerment through our training, giving new strength and vitality to our lives.

Training for all.

The 2000 PAWMA Training Camp welcomes women of all ages, abilities, races, martial arts styles and experience. We will offer classes in varied aspects of martial arts, from street self-defense to classical traditional styles, including striking styles, mat arts and weapons training. In addition to over 50 classes, there will be workshops in nutrition, healing and other related topics.

We will continue a tiered training schedule, geared to participants relatively new to the martial arts, practitioners with over ten years experience, and everyone in between. An exciting and inspiring demonstration will be featured, as well as the annual camp dance and shopping bazaar.

For women planning to attend this seminar by themselves, our "Adopt a Sister" program connects individuals with groups from schools who can provide support and companionship throughout camp activities. Mothers are welcome to bring their children; childcare will be provided during class times. Please contact us for details.

Train at beautiful Camp Kuratli.

September sees Oregon's most beautiful and temperate weather. What better way to enjoy it than training in a stunning setting like Camp Kuratli. Located in scenic rural Oregon, Camp Kuratli features large grassy spaces for outdoor workouts as well as indoor recreation facilities. Cabins range from ten-bunk/one-bath units to apartment-style suites with double rooms for teaching staff. A brand new heated pool is an especially nice amenity. The cafeteria will have vegetarian options and feature coffee by Coffee People™.

Camp Kuratli is surrounded by farmland and rolling hills with excellent hiking trails. The spectacular Columbia River Gorge Scenic Area and year-round skiing on



Mt. Hood are just minutes away. For urban excitement, Portland offers a multitude of cultural offerings, numerous restaurants for every taste and the highest number of bookstores per capita among U.S. cities. Consider extending your stay and enjoying the many experiences the Pacific Northwest has to offer.

Camp Kuratli strives to meet or exceed the requirements of the Americans with Disabilities Act (ADA) and is wheelchair accessible. We will try our best to accommodate women with special needs; just let us know of your circumstances.

Camp costs.

Basic camp will cost \$235 for PAWMA members and \$275 for non-members. A limited number of scholarships are available on basis of need. The deadline for scholarship application is May 1, 2000. Please include a statement of need and the amount you are requesting. **Donations for the scholarship fund from individuals and schools are welcome and encouraged.** Help your sisters-in-training experience this not-to-be missed opportunity.

Travel options.

If you plan to fly, please schedule your flights in and out of Portland International Airport (PDX) to arrive at camp Friday before 3pm on Sept. 8, and leave after noon on Monday, Sept. 11. This will allow you to settle in before dinner and the opening ceremony Friday evening and enjoy final classes and the closing ceremony on Monday. Portland International Airport is only 45 minutes from camp. You can take a shuttle arranged by PAWMA; we are arranging the shuttles and will mail schedule details with your registration confirmation.

Plan now to join us in September!

Tell your students, tell your teachers, tell your friends and start planning your budget, vacation and fundraisers to attend the 2000 PAWMA Annual Training Camp. For more information, contact:

Patty O'Linger
3107 SE 90th Place
Portland, OR 97266
(503) 774-6638

- or -

Moline Whitson
4919 NE 36th Ave.
Portland, OR 97211
(503) 335-8851

email: kungfupatty@aol.com (we prefer this method of contact)

Note: early registration deadline is May 1, teacher applications by April 1.

We reserve the right to deny participation to anyone for any reason at any time.



Credits: Photos by Patty O'Linger; brochure design & production by Tracy Reith; Printing by Super Printers, Portland, Oregon

Registration Form

Please print clearly and fill out **both sides**. Thank you.

Name _____

Address _____

City _____ State/Prov _____ Zip/Postal _____

Phone: home () _____ work: () _____

E-mail _____

Art/style _____

Rank/years training _____

Instructor _____

School _____

School address _____

City _____ State/Prov _____ Zip/Postal _____

Check each item that applies:

Camp fees: (\$US; see separate fee schedule for Canadian fees.) Standard housing is 10-bunk cabins with shared bath.

- \$235 payment in full (PAWMA member), due May 10
- \$275 payment in full (non-member), due May 10
- \$40 additional for single room (shared bath)
- \$20 additional for double room (shared bath)

Commuter: (meals/no housing)

- \$175 payment in full (PAWMA member)
- \$215 payment in full (non-member)

Other:

- \$20 shuttle
- \$50 late registration fee (postmarked after May 10, 2000)
- \$ _____ PAWMA membership dues
- Sliding scale: \$25-\$45. Use this guide: annual income < \$20,000 = \$25, > \$40,000 = \$45
- \$25 Bazaar vendor registration
- What are you planning to sell? _____
- \$ _____ scholarship donation
- \$ _____ scholarship needed (request due May 1, 2000)
- \$12 tank top, white with dark green logo (circle size) S M L XL XXL
- \$28 hooded sweatshirt, dark green with white logo (circle size) S M L XL XXL

Non-participating children:

- # _____ x \$100 payment in full (meals and housing), due May 10

Name(s) of child(ren) _____

Age(s) of child(ren) _____

Childcare required? yes no

There will be additional costs for childcare. Deadline for arranging childcare is May 10. Please call (503) 774-6638 or email: kungfupatty@aol.com

Total \$ _____

Send registration and check or money order (\$US, payable to PAWMA 2000):

PAWMA 2000, 3107 SE 90th Place, Portland, OR 97266